

Sandwiches

All on thick crusty white loaf, thick seeded wholemeal loaf or gluten free bread, served with side salad, homemade coleslaw and crisps

North Atlantic Prawns in Marie Rose Sauce	£5.95
Topside of Beef, Stilton and Caramelised Onion Chutney	£6.95
Home Baked Gammon Ham with Mustard Mayonnaise	£3.95
Brie, Grilled Back Bacon and Cranberry Sauce	£4.95
Mature Cheddar with Cherry Tomatoes and Sweet Pickle V	£3.95
Houmous, Rocket and Cherry Tomatoes VG	£3.95
Fillet of Cod 'Posh' Fish Finger Sandwich <i>thick breaded cod fingers with mixed leaves and chunky homemade tartare sauce</i>	£5.95
Coronation Chicken with Mixed Leaves <i>(Dairy free spread or 'Flora' are available as an alternative to butter for all sandwiches)</i>	£5.45

Toasted Paninis

Home Baked Ham and Mature Cheddar Melt	£5.95
Sun Dried Tomato, Mozzarella, Cheddar Cheese and Pesto Melt V	£5.45
Tuna with Mozzarella and Cheddar Cheese Melt	£5.45
Bacon and Stilton Melt	£5.95

All Paninis are served with side salads, crisps and coleslaw

Extras

Skinny Fries/Hand Cut Chips	£2.50
Twister Fries/Sweet Potato Fries	£2.95
Freshly Mixed Salad with House Dressing	£2.95
Homemade Coleslaw	£2.25
Beer Battered Onion Rings	£2.95
Buttered New Potatoes	£1.95
Garlic Flatbread	£1.95
With Melted Cheese	£2.95

Desserts

Raspberry and White Chocolate Cheesecake £5.25
With vanilla pod ice cream

Chocolate 'n' Nut Sundae £4.45

Chefs Sticky Toffee Pudding £5.25
With warm caramel sauce and vanilla pod ice cream

Ask your server for today's dessert specials

Luxury Ice Cream

Choose from strawberries and cream, mint chocolate chip, double chocolate chip, vanilla pod:

2 Scoops:	£2.60
3 Scoops:	£2.90

Children's Menu

All Main Courses: £4.95

Roast of the Day
with sauté potatoes, vegetables and gravy

Popcorn chicken
Popcorn chicken, baked beans and skinny fries

Mini Burger
Mini burger in a toasted bun, freshly mixed salad and skinny fries

Spaghetti Bolognese
Spaghetti with a traditional beef and tomato sauce with garlic flatbread

Sausages and chips
Two best pork sausages served with skinny fries or mashed potato and garden peas or beans

Food Intolerances

Please inform staff at the time of ordering of any food intolerances, so we can discuss the ingredients with you.

As our food is prepared in a kitchen where nuts are used we cannot guarantee any food is nut free.

Dairy free spread and Flora are always available as an alternative to butter and soya milk is available as an alternative to milk for hot beverages. Gluten free bread and gluten free rolls are also available as an alternative on any bakery items.

Please ask to see our gluten free, dairy free, vegetarian and vegan menus.

V = Vegetarian **VG** = Vegan **VGO** = vegan option

Your meal may differ from the photographs as these are serving suggestions only. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.

If you have a food allergy, please let us know before ordering.

Full allergen information is available on request.

The Kensington

Bar Menu



Served between
Midday and 9.30pm
(last orders at 9.15pm)

To Start/To Share

Soup

Chef's Soup of the Day £3.95
*Served with mini loaves
(including a vegetarian/vegan option)*

Bread Basket  £3.95
*A warm assortment of freshly baked bread with butter,
olive oil and balsamic vinegar, black olives*

Seafood Platter

*Scottish smoked salmon, mackerel pate, breaded wholetail
scampi, North Atlantic prawns, Marie Rose sauce, crusty
seeded loaf, side salad and chunky tartare sauce*
Small for one: **£7.95** Main/To share: **£12.95**

Deli Platter

*Chorizo, duck pate with cognac and orange, rustic houmous with
sundried tomatoes, caramelised onion chutney, cold cuts of home
baked gammon, side salad, gherkin and crusty white bread*
Small for one: **£6.95** Main/To share: **£11.95**

The Kensington Prawn Cocktail £5.95
*North Atlantic prawns in Marie Rose sauce, served with
mixed salad, chunky seeded bread and butter*

Chicken Goujons £5.25
*Our own lightly battered pieces of Norfolk chicken breast
with freshly mixed salad and barbecue dip*

Salads

Caesar Salad £9.95
*Griddled strips of chicken breast with crispy bacon and
garlic croutons on mixed salad with creamy Caesar dressing,
flaked parmesan and warm ciabatta*

Kensington Prawn Salad
*Freshly mixed salad with a generous portion of North Atlantic
prawns, Marie Rose sauce, lemon wedge and chunky brown
bread and butter.*
Small/Starter: **£5.95** Large/Main (with new potatoes): **£10.95**

'Steak and Chips' Salad £13.95
*Freshly mixed salad with strips of griddled rib eye steak
(8oz 21 day mature British steak), homemade coleslaw,
sauté potatoes, and Dijon dressing*

Mediterranean Salad  £8.95
*Mixed salad with toasted seeded loaf topped with rustic houmous,
warm Mediterranean vegetables and shaved parmesan*
Small/Starter: **£5.25** Large/Main (with new potatoes): **£8.95**

Coronation Chicken Salad
*Mixed salad with breast of chicken combined with celery,
sultanas, apple and banana in a mild curry mayonnaise*
Small/Starter: **£5.25** Large/Main (with new potatoes): **£8.95**

The Main Event

Ham, Egg and Chips £8.95
*Home baked gammon ham, thickly cut and served with
two fried eggs, hand cut chips and garden peas*

The Kensington Fish and Chips £10.95
*Large cod fillet in crispy beer batter served with garden or
mushy peas, hand cut chips and our own chunky tartare sauce*

Slow Cooked Lamb Shank £11.95
*With a rich rosemary and mint sauce, creamy mashed
potato and garden peas*

Texas Barbecue Chicken Melt £8.95
*Norfolk griddled chicken breast in a smoky barbecue sauce topped
with bacon and melted cheese, served with freshly mixed salad,
homemade coleslaw and skinny fries*

Club Sandwich £7.95
*Three slices of toasted crusty white loaf with sliced griddled
chicken, best back bacon, tomato, mixed leaves, grated
Cheddar and mayonnaise served with freshly mixed salad,
homemade coleslaw*
Why not add skinny fries for an extra £1.25?

Barbecue Pork Ribs £11.95
*Full rack of ribs served with skinny fries, freshly mixed salad
and homemade coleslaw*

**Traditional Homemade Beef Lasagne
or Kensington Goats Cheese Lasagne** 
*These homemade lasagnes are served with freshly mixed
salad and garlic flat bread*

Beef: £8.95

Goats Cheese: £9.95

Chicken Balti £8.95
*Tender chunks of chicken breast in a medium balti sauce,
with basmati rice or handcut chips (or 1/2 & 1/2), Kohbez
bread and mango chutney*

Breaded Wholetail Scampi £11.95
*Served with hand cut chips, side salad, garden peas,
homemade chunky tartare sauce and lemon wedge*

Griddled Rib-Eye Steak (8oz) £15.95
*21 day matured British steak, cooked to your liking,
served with beer battered onion rings, saute mushrooms,
grilled tomato, garden peas and hand cut chips*

Why not add Peppercorn or Stilton Sauce for £2.95?

Fillet of Scottish Salmon £12.95
*Poached salmon with hollandaise sauce, crushed new
potatoes with parsley butter and garden peas*

Burgers

Premium £8.45
*(8oz) gourmet beef burger in a toasted bun with freshly
mixed salad, skinny fries and homemade coleslaw*

Sea & Land Burger £10.45
*A premium (8oz) gourmet burger with North Atlantic
prawns in Marie Rose sauce, freshly mixed salad, skinny
fries, homemade coleslaw*

Barbecue Cheese & Bacon Burger £9.45
*A premium (8oz) gourmet burger with smoky barbecue sauce,
two rashers of griddled back bacon and melted cheese, freshly
mixed salad, skinny fries, homemade coleslaw*

Black & Blue Burger £9.45
*A premium (8oz) gourmet burger with whole Portabello
mushroom and melted stilton freshly mixed salad, skinny
fries, homemade coleslaw*

Barbecue Pulled Pork Burger £9.45
*A premium (8oz) gourmet burger served with a topping of
barbecued pulled pork, freshly mixed salad, skinny fries,
homemade coleslaw*

Gourmet Chicken Burger £9.45
*A griddled butterflied chicken breast served with back bacon
and melted cheddar, freshly mixed salad, skinny fries, homemade
coleslaw and pesto mayonnaise*

Spinach & Falafel Burger  £8.95
*Chickpea and fresh leaf spinach burger, flavoured with garlic,
cumin and coriander, served with mixed salad, skinny
fries and homemade coleslaw and minted yogurt*
Why not add mature cheddar cheese for an extra 90p?

Oven Baked Jacket Potatoes

Served Simply with Butter  £4.00

Mature Cheddar Cheese and Baked Beans  £5.25

Mature Cheddar Cheese and Crispy Bacon £5.45

Chilli Con Carne or Three Bean Chilli  £6.95

Coronation Chicken £6.45

Tuna & Sweetcorn Mayonnaise £5.45

Atlantic Prawns in Marie Rose Sauce £6.95

All served with a mixed side salad with house dressing

Why not add extra toppings for 90p?

Choose from:

Bacon, Baked Beans , Mature Cheddar Cheese , Coleslaw 